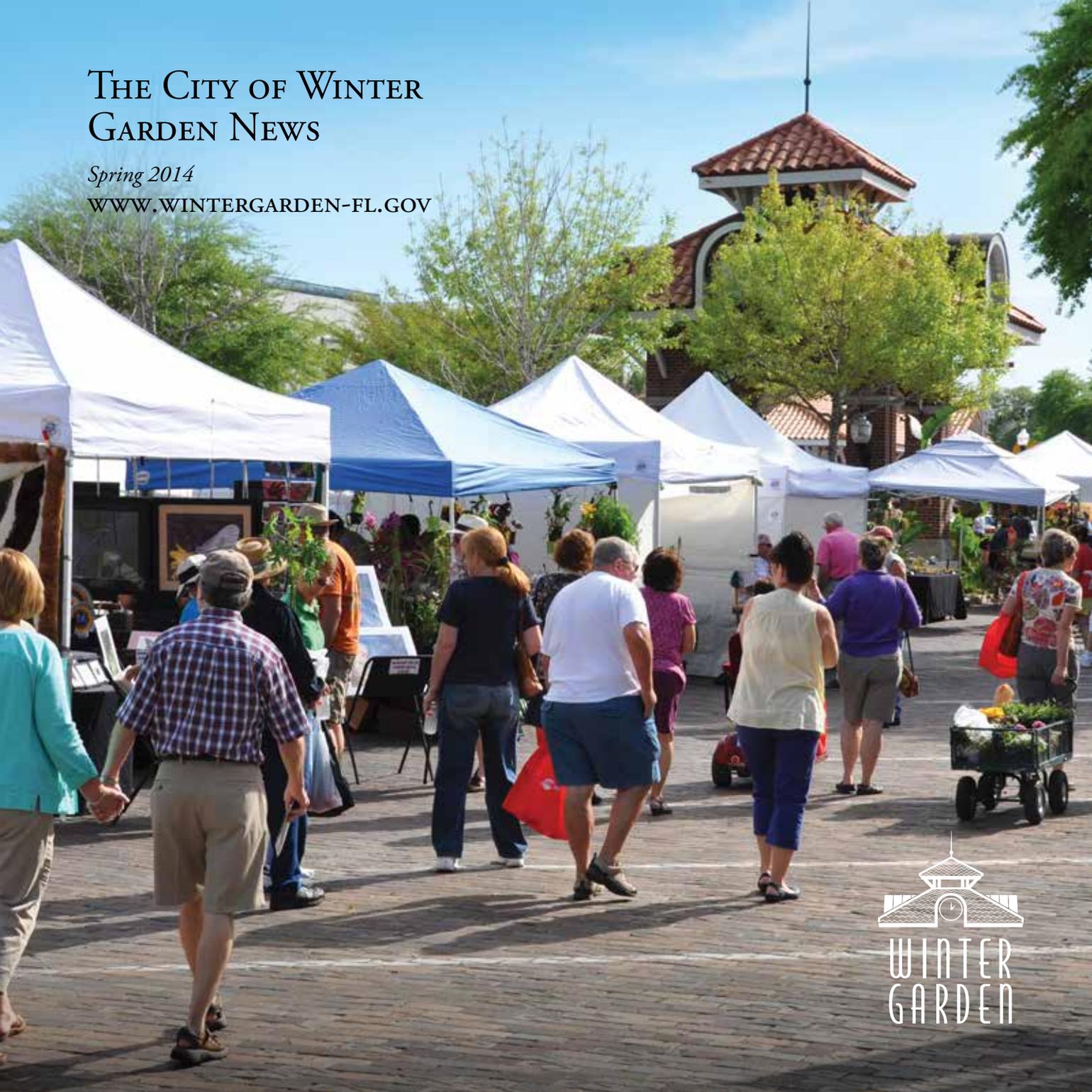


THE CITY OF WINTER GARDEN NEWS

Spring 2014

WWW.WINTERGARDEN-FL.GOV



Healthy Yards

We all want beautiful yards. Here are some tips on maintaining a beautiful and healthy lawn that reduces your costs as well as your impact on the environment.

PROPER MOWING

Mow grass at the highest height for the turf species (4" for St. Augustine and bahia; 3" for zoysia) to allow roots to grow deeper and grass blades to hold moisture. Mow frequently enough that no more than 1/3 of the turfgrass leaf blade is removed at one time. Use a sharp blade when mowing to reduce water loss.

FERTILIZER

Leaving grass clippings on the lawn is a natural way to provide it with extra nutrients. In addition, reclaim/reuse water contains nutrients, which may be all your turf needs. Only use supplemental fertilizer when your grass shows signs that it needs it. Additional fertilizer may be unnecessary and it can lead to thatch build up, pests and disease. Some pests, like chinch bugs, feed on new grass growth. The more fertilizer and water, the more your grass will grow, giving chinch bugs more to eat.

PEST MANAGEMENT

Treat specifically for the pest you have. Broad applications of pesticides kill beneficial bugs that feed on pests and/or are vital pollinators.

Reducing chemicals in your yard keeps Florida's waterways clean, healthy, and useable for humans and wildlife.

Irrigation

Water only when needed. Your lawn may need irrigation when 30-50% of the grass shows signs of wilting such as footprints that remain in the grass long after being made, a bluish-grey appearance to the lawn, and a large proportion of leaf blades that are folded in half length-wise. Early morning (4 am-7 am) is the best time for irrigation.

All automatic irrigation systems must have a functioning rain or moisture sensing device that will interrupt the system when adequate rainfall has occurred. These devices typically only last 2-5 years. Test your rain sensor by manually running the irrigation and spraying the rain sensor with a hose. A functioning sensor should shut the system off within 30 seconds.

YARD WASTE

Mulching lawn mowers can be used to mulch grass clippings and leaves on the lawn which can add beneficial nutrients without the need for supplemental fertilizer. You can also use yard waste in landscape beds. Keeping yard waste on your yard is good for plants.

Free irrigation and landscaping evaluations are available from City staff. Call 407.877.5193 or email aewanitz@wintergarden-fl.gov to schedule an appointment.

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IMPORTANT NUMBERS

MAYOR
John Rees
407.656.7372

COMMISSIONERS:

District 1, H. Kent Makin
407.877.5131

District 2, Bob Buchanan
407.656.2646

District 3, Robert "Bobby" Olszewski
407.877.5133

District 4, Colin Sharman
407.877.5134

City Manager, Mike Bollhoefer
407.656.4111 ext. 2267

City Clerk, Kathy Golden
407.656.4111 ext. 2254

Chief of Police, George Brennan
407.656.3636 non-emergency

Chief of Fire Rescue, John Williamson
407.877.5175 non-emergency

Building & Code Compliance
407.877.5144

Parks and Recreation
407.656.4155

Produced by the Office of
Community Relations
407.656.4111 ext. 2266

City of Winter Garden
300 West Plant Street
Winter Garden, Florida 34787
407.656.4111
www.wintergarden-fl.gov



KEEP Our Water Clean & Healthy



4

When rainwater flows over hard surfaces like roofs, yards, driveways, sidewalks and streets it collects trash, dirt, pesticides, fertilizers and other pollutants. This rainwater, or stormwater, then flows into stormwater systems through inlets, drains and pipes. The stormwater may go to a pond first, but it eventually ends up in lakes, rivers, ponds, or the ocean that fish and wildlife depend on and where people use for recreation and drinking water.

The protection of Florida's water resources is vital to our economy as well since millions visit our state to enjoy fishing, swimming, snorkeling, diving, boating, canoeing, kayaking and viewing birds and wildlife.

To help keep our water resources healthy and clean, be sure to practice habits that will keep common pollutants like pesticides, pet waste, grass clippings and automotive fluids out of our waterbodies.

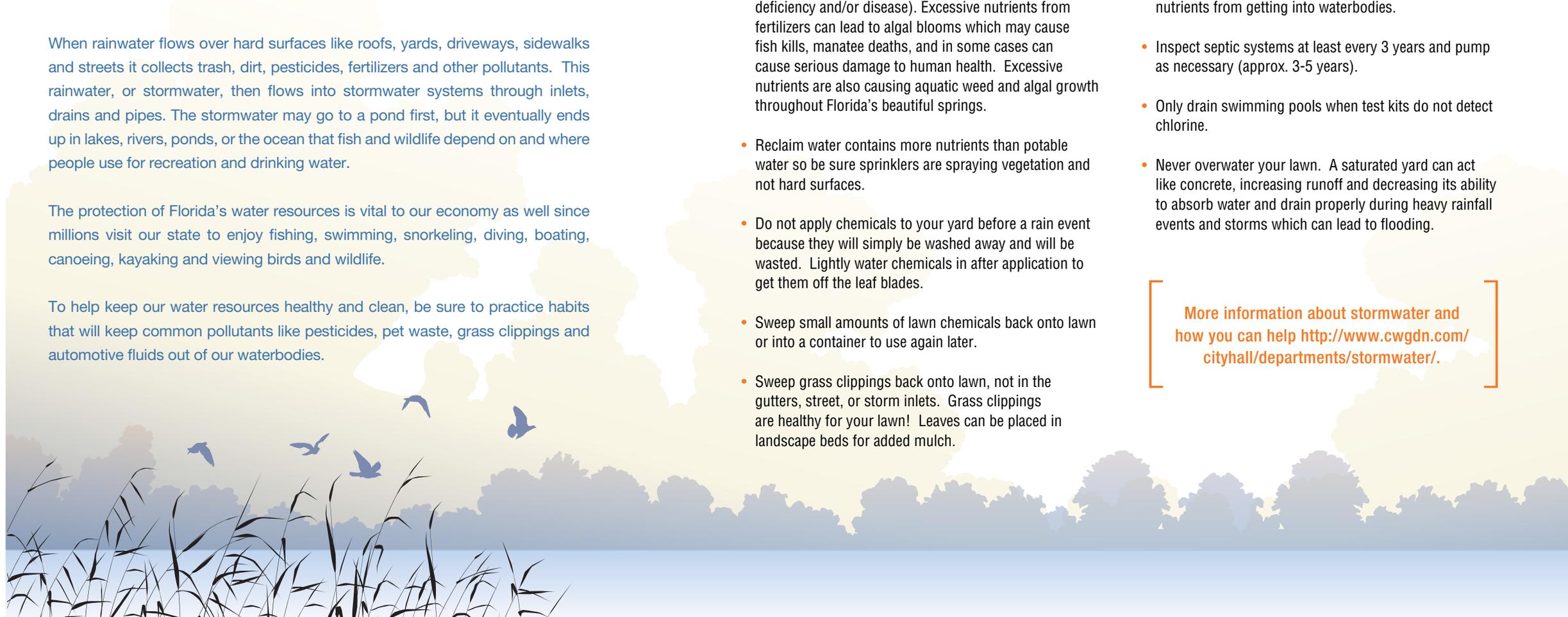


Habits to Keep Our Water Clean:

- Use commercial car washes that recycle water or wash cars on unpaved surfaces to reduce water flowing into storm drain.
- Clean spilled fluids with kitty litter or sand, never rinse or dump fluid into the street or stormwater system.
- Only use pesticides and fertilizers when needed. Don't simply put your lawn on a treatment schedule; only apply these products if your yard needs it (i.e. has a deficiency and/or disease). Excessive nutrients from fertilizers can lead to algal blooms which may cause fish kills, manatee deaths, and in some cases can cause serious damage to human health. Excessive nutrients are also causing aquatic weed and algal growth throughout Florida's beautiful springs.
- Reclaim water contains more nutrients than potable water so be sure sprinklers are spraying vegetation and not hard surfaces.
- Do not apply chemicals to your yard before a rain event because they will simply be washed away and will be wasted. Lightly water chemicals in after application to get them off the leaf blades.
- Sweep small amounts of lawn chemicals back onto lawn or into a container to use again later.
- Sweep grass clippings back onto lawn, not in the gutters, street, or storm inlets. Grass clippings are healthy for your lawn! Leaves can be placed in landscape beds for added mulch.
- Clean paint brushes in sink, not outside. Leftover oil-based paint must be taken to a hazardous waste collection facility.
- Use materials like pavers, permeable concrete, rocks/pebbles, instead of regular concrete to decrease runoff. Use rain barrels and rain gardens to catch water from downspouts.
- Pick up pet waste to reduce harmful bacteria and nutrients from getting into waterbodies.
- Inspect septic systems at least every 3 years and pump as necessary (approx. 3-5 years).
- Only drain swimming pools when test kits do not detect chlorine.
- Never overwater your lawn. A saturated yard can act like concrete, increasing runoff and decreasing its ability to absorb water and drain properly during heavy rainfall events and storms which can lead to flooding.

More information about stormwater and how you can help <http://www.cwgdn.com/cityhall/departments/stormwater/>.

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Martin Luther King, Jr. Celebration**An event honoring Dr. Martin Luther King, Jr.****Dates:** Saturday, January 18 • Festival: 1 - 4 pm
Community March: 12:30 - 1 pm**Place:** Mildred Dixon Center, 303 West Crown Point Road
Fee: FREE!

Come celebrate and honor this great leader of the civil rights movement. Enjoy entertainment, speakers, vendors, kids' activities and much more! A community march will travel from East Bay Street to the Mildred Dixon Center. To participate in the march, please meet at 118 E. Bay Street at 12:30 pm.

Uncle Don's Annual Chili Cook Off**Date:** Saturday, February 1 • 5 - 8 pm
Location: Parking lot adjacent to the Splash Pad (252 W. Plant St)

Presale admission ticket: \$8; at gate: \$10 Kids 13 or under are free.

This annual charity event benefits the American Cancer Society and features live music and a beer garden with unlimited amount of chili samplings. Sponsored by the City of Winter Garden Relay For Life Team.

Little Cupid's Carnival**Date:** Wednesday, February 12 • 10 am - 12 pm
Place: Jessie Brock Community Center, 310 N. Dillard St.
Fee: FREE!

A special sweetheart filled morning for children ages 3 to 5! Join us for arts & crafts, fun games, face painting and so much more! Bring a friend or a group. Group headcounts are required in advance.

Winter Garden Blues & BBQ**Date:** Saturday, February 22 • 4 - 10 pm
Place: Downtown Pavilion, 104 Lakeview Avenue
Fee: FREE Admission • BBQ available for purchase

Have fun listening to the area's best blues bands while enjoying amazing BBQ. An exciting annual event that is not to be missed!

**The 3rd Annual Winter Garden Bike Fest****Date:** Saturday, March 8 • 7 am - 2:30 pm

Get ready for a spectacular day of bike riding and racing! Hundreds of cyclists zoom through the brick streets of Historic Downtown Winter Garden at speeds in excess of 35mph. Enjoy the Health Village and Cycling EXPO, live music and BMX demonstrations as well as criterium races, pro races and family rides. Visit www.WGBikeFest.com and www.floridacycling.com for more information and to register.

Evening at the Pops**Date:** Saturday, March 29 • 6:30 pm with Petting Zoo at 4:30 pm
Place: Newton Park, 29 West Garden Avenue

Tickets available for advance purchase or at the door.

Sit under the stars and enjoy the Orlando Philharmonic Symphony in Winter Garden at Newton Park. This annual event by Lake Apopka supports the Rotary Club of Winter Garden to benefit local West Orange charities.



Bring a chair and a blanket for a Moonlight Movie at the Downtown Pavilion on the first Saturday Evening of the Month at Sunset in April through June. Refreshments will be available for purchase.

Spring Fever in the Garden**Date:** Saturday, April 5 • 9 am - 5 pm
Sunday, April 6 • 11 am - 4 pm
Place: Plant Street
Fee: FREE!

The Bloom & Grow Garden Society in conjunction with the City of Winter Garden bring one of Florida's best plant, flower and garden festivals to Central Florida! Come experience this wonderful annual event and spend a day in beautiful downtown Winter Garden. Enjoy live entertainment, food vendors and thousands of plants and flowers for sale.

There will also be a KidZone with special activities including fun environmental education booths, photos, crafts, and more! Returning this year will be the Natural Market of organic and natural vendors. While you are strolling up and down Plant Street be sure to stop by the Art Auction, the Chalkin' It Up sidewalk art contest, or the Ask the Expert booth among the many other activities that there are to offer at this wonderful event.

**Citrus Crate Label Show****Date:** April 5 - 6
Place: 1 North Main Street, Winter Garden, FL

Citrus crate label collectors and vendors from all over Florida display collectible citrus crate labels during Spring Fever in the Garden at the Winter Garden Heritage Museum.

**Winter Garden Lions Club Annual Easter Egg Hunt****Date:** Saturday, April 19 • 1 pm
Place: Newton Park, 29 West Garden Avenue
Fee: FREE!

The Winter Garden Lions Club will be hosting their annual Easter Egg Hunt at Newton Park. The event is free to the public with age groups from 0 to 12 years old and includes a special needs section. For children attending with special needs, please contact the Parks & Recreation Office at 407.656.4155 or recinfo@wintergarden-fl.gov at least one week prior to the event.

Relay For Life of Winter Garden**Date:** Friday, April 25 from 6 pm until Saturday, April 26 at Noon • West Plant Street

The annual American Cancer Society, Relay For Life event will be held in downtown historic Winter Garden. Many of us have lost loved ones or know someone who is currently battling cancer. Come be a part of the team fighting back to TAKE CANCER DOWN!
www.RelayForLife.org/WinterGardenFL | 407.581.2520

LIVE THEATRE SEASON

Dirty Rotten Scoundrels

Central Florida Premiere Produced by Garden Theatre

Dates: January 31 – February 23, 2014; Fridays • 8 pm,
Saturdays • 2 pm & 8 pm, Sundays • 2 pm

Tickets: \$29 (\$25 students/seniors)

Book by Jeffrey Lane, Music & Lyrics by David Yazbek

Two fraudsters in the French Riviera realize the town isn't big enough for the both of them and agree to a challenge: the first to successfully swindle a young woman will stay in town; the other must hit the road. These con men end up with much more than they bargained for!

Note: This show contains mild language and shady characters.

33 Variations

Central Florida Premiere Produced by Beth Marshall Presents

Date: March 14 – 30, 2014; Fridays • 8 pm,
Saturdays • 2 pm & 8 pm, Sundays • 2 pm

Tickets: \$29 (\$25 seniors/students)

\$15 industry night on Monday, March 24

By Moisés Kaufman

Following Beethoven's journey of his final years as he ekes out the *Diabelli Variations*, a present-day musicologist becomes obsessed with uncovering the truth in these mysterious pieces of music. Memory and music combine in this extraordinary drama about passion, parenthood and the moments of beauty that can transform a life.

Note: This show contains mild language and adult subject matters.



Hairspray

Produced by Garden Theatre

Dates: April 25 – May 25, 2014; Fridays • 8 pm,
Saturdays • 2 pm & 8 pm, Sundays • 2 pm

Tickets: \$29 (\$25 seniors/students)

Special child pricing on select dates

Music by Marc Shaiman, Lyrics by Scott Wittman and Mark Shaiman; Book by Mark O'Donnell and Thomas Meehan

It's 1962, and when Tracy Turnblad's dream of dancing on the popular *Corny Collins Show* comes true, she is transformed from a plus-size teen social outcast to sudden star. Join in the fun as Tracy uses her newfound power to dethrone the reigning Teen Queen, win the affections of heartthrob Link Larkin, and integrate a TV network, all without denting her 'do!

Warning: This show contains excessive singing!

CONCERTS

Sandy Shugart in Concert

Sponsored by Valencia College

Date: Saturday, January 11 • 8 pm

Tickets: \$25 (\$15 with Valencia ID)

The multi-talented President of Valencia College appears on the Garden Theatre stage once again with his folk-influenced, laid-back sound.

FILMS

StarLite Film Festival

Produced by Garden Theatre

Dates: January 23 – 26

Tickets: at starlitefilmfest.com



The one-of-a-kind StarLite Film Festival highlights micro-budget movies from around the world produced, shot and directed for under \$200,000. Celebrate the essence of micro-budget filmmaking with memorable movie screenings, entertaining workshops, fun parties, national and international filmmakers, and much more.

Florida Film Festival

Dates: Thursday, May 1
Thursday, May 8



Showcasing some of the award-winning movies from this year's Florida Film Festival.



EVENTS

Distinguished Young Women of Florida

Date: Saturday, January 4 • 7 pm

Tickets: at gardentheatre.org/community

Distinguished Young Women is the largest and oldest national scholarship program for high school girls, striving to give every young woman the opportunity to further her education and prepare for a successful future.



Garden Encore!

Annual Fundraising Gala Celebrating the Sixth Anniversary of the Garden Theatre

Date: Saturday, March 1 • 6:30 pm

Join us for an evening of food, drink and unforgettable entertainment as we celebrate the sixth anniversary of the Garden Theatre and announce next year's exciting new season of performances!

Visit gardentheatre.org/encore



The City of Winter Garden is pleased to have entered into a programming partnership with one of Florida's top rated arts organizations, bringing the trusted Crealdé brand of visual arts education to the Jessie Brock Community Center!

Crealdé School of Art is a community based non-profit organization established in 1975. From its two Winter Park campuses, Crealdé offers an affordable curriculum of over 100 studio courses and workshops in painting and drawing, photography, ceramics and sculpture for adults and children of all ages and backgrounds. The hands-on visual arts courses are taught by a professional faculty of over 40 artists and attract students from throughout Central Florida.

Note: Self-motivated young adults (ages 14 to 17) are also welcome to enroll in adult Painting, Drawing and Ceramics classes.



Painting & Drawing

WG/PD102 INTRODUCTION TO DRAWING & PAINTING

Instructor: Cat Hempel

Two 8 week classes available:

Dates: **Session 1:** starts January 23; Thursdays, 6 – 8 pm

Session 2: starts April 3; Thursdays, 6 – 8 pm

Fee: Crealdé Members and Winter Garden Residents \$205
Non-Members \$225

Open to beginning students as an introduction to the fundamentals of art while sampling various drawing and painting techniques using different media, including watercolors, acrylics, and oils. Tuition includes most materials and supplies.

WG/PD119 INTRODUCTION TO OIL PAINTING

Instructor: Cat Hempel

Two 8 week classes available:

Dates: **Session 1:** starts January 22; Wednesdays, 6 – 8 pm

Session 2: starts April 2; Wednesdays, 6 – 8 pm

Fee: Crealdé Members/Winter Garden Residents \$195
Non-Members \$215

Learn techniques of paint handling, color mixing, mediums, glazing and toning through assignments and demonstrations. Repeat students are welcome to work independently with the instructor's help.

WG/PD130 LANDSCAPE PAINTING

Instructor: Beatrice Athanas

Dates: 8 week class starting January 22; Wednesday 10 am - 12 pm

Fee: Crealdé Members and Winter Garden Residents \$195
Non-Members \$215

Introductory level to intermediate; interpretive landscape painting in the studio, modifying colors from photos to create a painting, as well as on-site outdoor painting possibilities. The focus will be on composition, perspective, color and individual interests. All media welcome; instructor demos will be with oil paint.

WG/PD115 INTRODUCTION TO ACRYLIC PAINTING

Instructor: Patricia Byron

Two 8 week classes available:

Dates: **Session 1:** starts January 27; Mondays 11 am – 1 pm

Session 2: starts March 31; Mondays 11 am – 1 pm

Fee: Crealdé Members and Winter Garden Residents \$195
Non-Members \$215

Through this fun class you will learn the basics of drawing and painting with acrylics, with a chance to explore mixing colors, composition, texture and various techniques. From landscapes and self-portraits to the student's own inspiration, this class is a great way to unleash your inner artist!

WG/PD104 WATERCOLOR I

Instructor: Prayong Deeying

Two 8 week classes available:

Dates: 8 week class starts March 31; Mondays, 6 – 8 pm

Fee: Crealdé Members and Winter Garden Residents \$195
Non-Members \$215

Explore the classical world of watercolor and develop a firm grounding in traditional approaches and techniques.

Photography

WG/PH147 DIGITAL PHOTOGRAPHY I

Instructor: Mark Lepow

Dates: **Session 1:** starts January 27; Mondays 6 - 8 pm

Session 2: starts March 31; Mondays 6 - 8 pm

Fee: Crealdé Members and Winter Garden Residents \$195
Non-Members \$215

Through instruction and assignments, learn essential photography concepts such as exposure, composition, and lighting. Understanding camera settings and how to adjust aperture and shutter speeds will allow you to gain creative control of your photography.

WG/PH148 DIGITAL PHOTOGRAPHY II

Instructor: Mark Lepow

Two 8 week classes available:

Dates: **Session 1:** starts January 22; Wednesdays, 6 - 8 pm

Session 2: starts April 2; Wednesdays, 6 - 8 pm

Fee: Crealdé Members and Winter Garden Residents \$195
Non-Members \$215

Through in depth assignments, field trips and reviews, students delve deeper into composition, lighting and special equipment. In class demonstrations on manipulating images for printing and posting on line are included. Prereq: Digital Photo I or similar experience.

WG/PH241 PHOTOGRAPHY III

Instructor: Peter Schreyer

Dates: 8 week class starting January 23; Thursdays, 6 - 8 pm

Fee: Crealdé Members and Winter Garden Residents \$210
Non-Members \$230

Landscape, portraits and documentary photography themes are examined through lectures, slide presentations, assignments, critiques, and field trips. A special session and field trip on night photography is featured. Designed for the visual and photographic growth of intermediate level students working in film or digital, color or black and white. Prerequisite: Photography II or similar experience.

WG/PH246 FLASH PHOTOGRAPHY

Instructor: Michael van Gelder

Dates: Four week class starting April 3; Thursdays, 6 – 8 pm

Fee: Crealdé Members and Winter Garden Residents \$110
Non-Members \$130

Learn to mix flash with available light, bounce flash, use of TTL metering system, and special effects. Students will learn to become more comfortable working with their external flash. Prereq: Photo II or similar experience.

WG/PH250 NIGHT PHOTOGRAPHY

Instructor: Michael van Gelder

Dates: Four week class starting May 1; Thursday, 6 – 8 pm

Fee: Crealdé Members and Winter Garden Residents \$110
Non-Members \$130

Learn to make successful photographs in low-light situations. Course will cover ISO speed, timed exposures, metering low-light areas, tripod use, white balance and noise reduction. Prereq: Photo II or similar exp.

WGPH167 INTRO TO IMAGE PROCESSING

Instructor: Mark Lepow

Dates: 8 week class starting April 1; Tuesdays, 6 – 8 pm

Fee: Crealdé Members and Winter Garden Residents \$195
Non-Member \$215

Using post processing software students will learn the fundamentals of image processing, including: creating and maintaining a user friendly archive; preparing photographs for online publishing; and how to use basic editing tools to enhance your images. Students are to bring their own laptops with software loaded. Instructor will be giving demonstrations using Adobe Photoshop.

NEW: 3-HOUR INTRODUCTION TO DIGITAL PHOTOGRAPHY WORKSHOPS

After five years of offering these popular workshops to thousands of students at Crealdé's main campus in Winter Park, these three hour Basic Concept sessions are now offered for the first time in Winter Garden. Learn the fundamentals of digital photography through these camera specific programs which will cover: focus, exposure, metering, menus, special features and settings. Three Hour Workshops Fee: \$35 each; taught by **Mark Lepow**.

Introduction to Digital Photography
Tuesday, January 13, 5 - 8 pm

Canon Digital Rebel
Tuesday, February 10, 5 - 8 pm

Nikon D3000 Series
Tuesday, March 3, 5 - 8 pm

Ceramics & Sculpture

WG/TD174 HANDBUILDING WITH FOUND OBJECTS

Instructor: Belinda Glennon

Dates: 6 week class starting April 1; Tuesdays, 6 - 8 pm
Fee: Crealdé Members & Winter Garden Residents \$155
Non-Members \$175

Use hand building techniques to create nature inspired ceramic objects. This session will focus on art for the garden. Imagine a classic garden finial, unique birdhouse, or a pagoda lantern lighting up your outdoor living spaces. Give new life to organic objects as they influence form, texture and glazing choices. Suitable for all levels.

WG/TD122 BEGINNING WHEEL THROWING

Instructor: Belinda Glennon

Dates: 6 week class starting January 21; Tuesdays, 6 - 8 pm
Fee: Crealdé Members & Winter Garden Residents \$150
Non-Members \$170

Explore the magic of the potter's wheel! Center and shape a soft ball of clay into bowls, cylinders and more. Trim, then embellish with handles, feet or whimsy. Finish it with glaze and fire it into pottery for everyday use.

Young Artists Program

WG/YAP204 CLAY ART FOR THE GARDEN (AGES 8-14)

Instructor: Belinda Glennon

Dates: 6 week class starting April 1; Tuesdays, 6 - 8 pm
Fee: Crealdé Members & Winter Garden Residents \$115
Non-Members \$135

Celebrate Spring with clay creations for the Garden. Use clay hand building techniques to build a basket for flowers, a bath for the birds, or maybe a house for a toad. Embellish with some glaze and take home treasures that will beautify your backyard.

WG/YAP208 WHEELTHROWING & MORE (AGES 10-16)

Instructor: Belinda Glennon

Dates: 6 week class starting January 21; Tuesdays, 3:30 - 5 pm
Fee: Crealdé Members & Winter Garden Residents \$115
Non-Members \$135

Experience the magic of the wheel as you shape a soft clay ball into a form, decorate, glaze and fire it into a functional pot. Discover how hand building techniques can transform your pots into ceramic treasures.

WG/YAP101 PINT-SIZE PICASSOS (AGES 5-10)

Instructor: Trish O'Donnell

Two 6 week classes available:

Dates: **Session 1:** Starts January 25; Saturdays, 9:30 - 10:30 am
Session 2: Starts April 5; Saturdays, 9:30 - 10:30 am
Fee: Crealdé Members & Winter Garden Residents \$95
Non-Members \$115

Do you like to draw and paint? Explore the many ways to make art using pastels, paints, watercolors and other materials. A fun introductory experience for fledgling artists.

WG/YAP308 CREATIVE EXPRESSION IN 2D (AGES 10-14)

Instructor: Patricia Byron

Two 6 week classes available:

Dates: **Session 1:** Starts January 27; Mondays, 3:30 - 5 pm
Session 2: Starts March 31; Mondays, 3:30 - 5 pm
Fee: Crealdé Members & Winter Garden Residents \$115
Non-Members \$135

Calling all young artists who love to paint and draw! Explore your creative potential through acrylic paint, watercolors, charcoal and pastels on canvas and paper. Experiment with painting and drawing techniques, composition and color theory. Say it with art!

Instructor Bios

BEATRICE ATHANAS: A realistic painter of European landscapes, she was born in Germany and has traveled widely. She came to the United States in 1971 and continued her extensive arts education. Her work shows passion in the use of vibrant colors, brush stroke techniques and the light that reflects her mood towards the subject.



PATRICIA BYRON: A professional artist who has lived abroad, her inspiration and passion for the arts is due to her travels and love of nature. She has been an art instructor with Crealdé for over six years. Her artwork is on permanent display at the Cultural Arts Alliance and in private collections.



PRAYONG DEEYING: Received his BFA at Fine Art University, Thailand and his Master's Degree in Painting from Northwestern State University, Louisiana. He taught art for 13 years and was employed for 20 years at Walt Disney World as a Senior Artist Prep.



BELINDA GLENNON: Joined the Crealdé faculty in 2002 where she teaches hand building and wheel throwing for adults and youth. She holds a bachelor's and master's degree from the University of Central Florida.



CAT HEMPEL: A Winter Garden resident with a bachelor's degree in drawing and print making from UCF and an Associate Member of the Oil Painters of America.



MARK LEPOW: Received his photographic education at Daytona State College and is active in photographing community events throughout Winter Garden including 3k-5k runs, cycling, and triathlons.



TRISH O'DONNELL: A Winter Garden resident with a BA in Studio Art and Art Education Certificate from Lawrence University in Appleton, WI. Trish currently teaches art at Montverde Academy. She loves drawing, painting and photography, and sharing in the creative experience with children of all ages.



PETER SCHREYER: Executive Director at Crealdé; international exhibition record, numerous awards and public art commissions; including four documentary photography projects in the Winter Garden and Lake Apopka area in the past 15 years. Named Arts Educator of the Year in 2009 by United Arts.



MICHAEL VAN GELDER: An Orlando area commercial photographer who specializes in documenting musical and entertainment events. His work has appeared in such publications as *Music Entertainment Magazine*, *All Access Music Magazine*, and *Guitar Magazine*.



Register for all classes at www.crealde.org or Call 407.671.1886

USSSA SOFTBALL - ADULT SPRING LEAGUE

Time to swing into action! Leagues are available for all skill levels; emphasis is placed on healthy competition in a recreational atmosphere. Church, Men's and Co-ed leagues offered Monday - Wednesday. Play, be active and most importantly have fun!

- Date:** Registration open February 17 – March 14 for returning teams
Registration open February 24 – March 14 for new teams; Registration may close early due to limited availability in each league.
Leagues begin the week of April 7
- Time:** Games at 6:45 pm, 7:45 pm & 8:45 pm
- Fee:** \$460 per team for season
- Place:** Braddock Park, 13460 Lake Butler Boulevard
Veteran's Memorial Park, 420 South Park Avenue

START SMART YOUTH SPORTS DEVELOPMENT PROGRAM

Start Smart Sports Development Programs are designed to help children 3-5 years and parents develop the skills necessary to have a positive start with organized sports and learn basic motor skills. Parents will work one-on-one with their child during classes. Age appropriate equipment is provided to learn throwing, catching, batting and kicking.

- Date:** Registration opens May 5 – June 6
- Begins:** Thursdays, June 19 – July 24
- Time:** 6 - 6:45 pm
- Fee:** \$48 City Resident / \$60 Non-Resident
(Includes Start Smart Participant Manual)
- Place:** Braddock Park, 13460 Lake Butler Boulevard

KICKBALL - ADULT SPRING LEAGUE

The playground game we all remember from grade school has evolved into today's hottest get-together sport for adults. Anyone can play from the less experienced to the diehard. This is a great way to stay in shape, meet new people, and have fun! Come out and KICK IT with our Thursday night co-ed league.

- Date:** Registration open February 17 – March 14 for returning teams; Registration open February 24 – March 14 for new teams; Registration may close early due to limited availability in each league.
League begins April 10
- Time:** Games at 6:45 pm, 7:45 pm & 8:45 pm
- Fee:** \$300 per team for season
- Place:** Braddock Park, 13460 Lake Butler Boulevard

SPRING BEACH VOLLEYBALL TOURNAMENT

Bump, Set, Spike and Dive in our first annual 4 vs. 4 beach volleyball tournament. What better way to kick off the spring weather than to play in a sand volleyball tournament with your family and friends. Format is Coed 4's. Coed 4's requires at least one male and one female player to be on the court.

- Date:** Registration opens February 3 – March 7
Tournament: Saturday, March 15
- Age:** 16 years and older
- Time:** First game will start at 9 am
- Fee:** \$40 per team
- Place:** Veteran's Memorial Park, 420 South Park Avenue

**ARCHERY**

Learn beginner and intermediate archery skills through games and instructional lessons. This course is developed for individuals who are looking to learn the skill of archery or build on their current knowledge of the sport.

- Date:** Saturdays, January 11 – February 8
- Age:** 5 and older
- Time:** 10:30 – 11:30 am
- Fee:** \$50 City Resident / \$55 Non-Resident per class
\$160 City Resident / \$180 Non-Resident per 4-week session
- Place:** Veterans Parks, 420 South Park Avenue

ARCHERCISE

Small group personalized training combined with exercise for overall conditioning and archery for speed and accuracy. Each week students will build on skills and conclude the overall session with an archery exercise obstacle competition.

- Date:** Saturdays, January 11 through February 8
- Age:** 13 and older
- Time:** 9:15 – 10:15 am
- Fee:** \$55 City Resident / \$60 Non-Resident per class
\$180 City Resident / \$200 Non-Resident per 4-week session
- Place:** Veterans Parks, 420 South Park Avenue

YOUTH & ADULT TENNIS LESSONS

Highly skilled instructors bring years of experience and knowledge to participants. Class space is limited, advanced registration required. Registration opens three weeks prior to session start date. Private lessons are also available, email rdale1@cfl.rr.com or khill109@cfl.rr.com for more information.

- Date:** January 6 (6 week session), February 17 (5 week session),
March 31 (6 week session) and May 12 (3 week session)
- Age:** 5 years and older
- Fee:** Varies – check www.wintergarden-fl.gov for details
- Place:** Chapin Station Neighborhood Park,
501 West Crown Point Cross Road

Join us for Archercise - a personalized training combined with exercise for overall conditioning and archery for speed and accuracy.

Active 50+

MY CRITIC'S CHOICE

Travel each month to a new restaurant for a casual lunch and critique the overall dining experience. Trip cost includes transportation only. Lunch is on your own. Advanced registration required.

Date: Last Friday of each month
Time: 11 am
Fee: \$7 City Resident / \$9 Non-Resident

AARP SMART DRIVER COURSE

Insurance reduction and driver refresher course! Up to 10% discount after completion of course depending on your insurance provider. Advanced registration required.

Dates: Monday, February 24 & Tuesday, February 25 from 9 am - 12 pm both days or
Monday, April 28 & Tuesday, April 29 from 5 - 8 pm both days
Fee: \$15 AARP Members / \$20 Non-AARP Members

BUNCO

A fun and entertaining dice game for all to play! No skill required! Participants are encouraged to bring a snack to share.

Date: 1st Wednesday of each month
Time: 1:30 - 4:30 pm
Fee: \$3 per person

BIRTHDAY CELEBRATIONS

It's time to party! If anyone deserves a birthday party, it's a senior citizen who has lived a rich, full life. Everyone is invited to attend and enjoy the celebration. Join us as we celebrate January through April birthdays with cake and ice cream. It does not have to be your birth month to attend.

Date: Friday, April 11
Time: 1:30 - 2:30 pm
Fee: Free!

CHAIR DANCE AEROBICS

An exciting, seated aerobics session featuring easy-to-follow dance routines. Move to the beat to dance classics including the Macarena, the Hand Jive, Disco and more! A fun and convenient way to get moving!

Date: Mondays
Time: 9 - 10 am
Fee: Free!

CHAIR-O-BICS

Get moving in this recreational, self-guided chair exercise class! Participants are encouraged to use light hand weights to build strength. Use of weights is not required and is at your own risk.

Date: Tuesdays & Thursdays
Time: 9 - 10 am
Fee: Free!



CROCHET FOR BEGINNERS

Learn the basics of crochet (Chain stitch, single crochet, half-double crochet, double crochet) to complete a project. Instruction will be given on how to use a crochet hook correctly, reading a pattern and guidance on completing a scarf or hat. Please bring one skein of yarn (your choice on color) and crochet hook. Please see yarn label for recommended crochet hook.

Date: Thursdays, February 20 - May 8
Time: 1 - 3 pm
Fee: Free!

DUPLICATE BRIDGE

Join our Bridge Club for an afternoon full of fun and cards!

Date: Thursdays
Time: 1 - 4:30 pm
Fee: \$3 per person
Place: Tanner Hall, 29 West Garden Avenue

GAMES, CARDS & MORE

Bring your favorite board or card game, learn new games and enjoy an afternoon with friends. Dominoes, Cards, Cribbage, Uno, Checkers, Chess and more!

Date: 2nd, 3rd, 4th & 5th Wednesday each month
Time: 1:30 - 4:30 pm
Fee: Free!

THE INK AND QUILL WRITING GROUP

Enjoy writing? Regardless of your ambitions or goals you will find stimulating fellowship and writing encouragement. Learn different styles of writing and share ideas to develop plots, characters and scenes to bring stories to life.

Date: 1st and 3rd Monday of each month
Time: 2:00 - 4:00 pm
Fee: Free!

TRAVEL WITH US!

Our community has been around the world and back. See where they have been and view beautiful and interesting locales from every continent. Each month someone from the Active 50+ group will share photos and interesting facts from their excursions. Come and travel with us around the world!

Date: 3rd Monday of each month
Time: 11 am - 12:30 pm
Fee: Free!

INTRO TO THE INTERNET

Learn Internet terminology while navigating the World Wide Web using the Internet Explorer Web browser. You will perform searches using various online resources and URLs, set your home page, add and organize your favorite sites and Web safety. This is a one-time, 60 minute, class that can be repeated if necessary. Class space is limited, advanced registration is required.

Date: Thursdays beginning February 6
Time: 10:30 - 11:30 am
Fee: Free!

LITERARY LADIES BOOK CLUB

Join friends to read the current top 10 and classic novels.

Date: 2nd Saturday of each month
Time: 10 am - 12 pm
Fee: Free!

LUNCH AND LEARN

The vibrant "rebirth" of Historic Downtown Winter Garden began about 10 years ago during the 2003 centennial celebration of the city. In this presentation of "The Remarkable Renaissance of Historic Downtown Winter Garden.", Kay Cappelman, Director of the Winter Garden Heritage Foundation, will narrate the ups-and-downs of the city's 110-year history using photographs from the organization's collection. Please come and learn more about the heritage of our beautiful city.

The fee includes a lite lunch.

Date: Friday, May 9
Time: 11:30 am - 1:30 pm
Fee: \$5 per person

MAKING STRIDES WALKING CLUB

Stretch out those muscles and get movin'! Bring a friend and enjoy company as you exercise your way around Winter Garden. This is a great way to meet friends, socialize and get a healthy work out!

Date: Monday, Wednesday and Friday
Time: 10 am Monday, Wednesday and Friday;
4:30 pm Wednesday

Fee: Free!

WEST ORANGE PAGE TURNERS BOOK CLUB

Bring a friend and discover current and classic authors. New members and titles are always welcome.

Date: 2nd Monday of each month

Time: 2 – 5 pm

Fee: Free!

WII BOWLING LEAGUE

Do you still have a passion for bowling but do not have the time, energy or strength to make it to the alley? No need to rent shoes or find the perfect ball. Teams of two are forming now for a new twelve week Wii bowling league. Teams will choose their weekly bowling time at the first meeting.

Date: Start-up meeting Friday, February 21

Teams bowl February 24 – May 16

Time: 1:30 pm

Fee: \$1 per person, per week

WII WHEEL OF FORTUNE!

Now you and your Active 50+ friends can spin the iconic wheel as contestants on America's favorite game show—Wheel of Fortune. Virtually join Pat Sajak and Vanna White as you test your skills with fun and exciting puzzles. Play against other Active 50+ contestants using the Wii remote to spin the wheel and select your letters.

Date: Wednesdays starting February 5

Time: 12 pm

Fee: Free!



DAY TRIPS

Trip fees are subject to change dependent upon venue and number of participants. All registrations are final one full week prior to the trip. Registration date for all day trips opens **February 3 at 8 am.**

SOLOMON'S CASTLE – ONA, FL

Take a guided tour through the castle galleries and enjoy Howard's tongue-in-cheek sense of humor and puns! While we are there, we can have lunch on the 'Boat in the Moat' restaurant, walk the gardens and enjoy the nature walk along the banks of picturesque Horse Creek. The fee includes entrance, lunch, and transportation.

Date: Thursday, February 13

Time: 8:30 am – 6:30 pm

Fee: \$31.50 City Resident / \$33.50 Non-Resident

THE FLORIDA STRAWBERRY FESTIVAL – PLANT CITY

Crafts, booths, rides, vendors and great food! Enjoy the famous Florida Strawberry Shortcake! Lunch is on your own at the festival. Trip cost includes transportation and festival admission.

Date: Tuesday, March 4

Time: 8:30 am – 5:30 pm

Fee: \$16 City Resident / \$18 Non-Resident

DOWNTOWN WINTER GARDEN HISTORIC WALKING TOUR

Learn more about the history of Winter Garden! This guided tour of historic downtown is led by Kay Cappleman, Director, and Foundation staff member Jim Crescitelli. The Tour begins at the Central Florida Railroad Museum, 101 South Boyd Street, with a 30-minute history presentation using photographs from the archives. The presentation is followed by a walking tour of the National Register Historic Business District (including a peek inside the Garden Theatre and upstairs in the Edgewater Hotel) and time to explore the Railroad and Heritage Museums. Meet at the Gazebo on Plant Street at 10:20 am. Minimum of 6 people.

Date: Thursday, March 20

Time: 10:30 am – 12 pm

Fee: \$10 City Resident / \$12 Non-Resident

WEBSTER'S FARMER & FLEA MARKET - WEBSTER, FL

Buy fruit, antiques and much more at this fantastic market! Lunch and snacks will be on your own. Trip cost includes transportation only.

Date: Monday, March 31

Time: 8 am – 4 pm

Fee: \$7 City Resident / \$9 Non-Resident

SILVER SPRINGS STATE PARK AND CHOCOLATE – OCALA, FL

View the underground springs from glass-bottom boats, where you'll see fish, turtles and alligators in water that's up to 25 feet deep. On the drive home we will stop at the Russell Stover's Factory Outlet where they have boxed and loose candy at reduced prices. Lunch on your own.

Date: Wednesday, April 16

Time: 9 am – 5 pm

Fee: \$25 City Resident / \$27 Non-Resident

CAPONE'S DINNER & SHOW – ORLANDO, FL

Knock three times, give the secret password and discover the mysterious world of 1931 gangland Chicago. This entertaining show delivers loads of laughs, gangster action, audience interaction and toe-tapping musical productions.

Date: Thursday, May 15

Time: 12 pm – 5 pm

Fee: \$30 City Resident / \$32 Non-Resident

SHINE AND DINE – WINTER GARDEN, FL

The Winter Garden Parks & Recreation Department presents lunch and a matinee at the Historic Garden Theater. Come join us for this fun filled afternoon with friends. Meet at the Gazebo on Plant Street at 11:45 am. Lunch will be on your own at 12 pm with the performance immediately following at 2 pm. Program cost includes theater ticket only. No transportation is available.

Dirty Rotten Scoundrels

Two fraudsters in the French Riviera cross paths, but soon find out the town they live in isn't big enough to support two scammers. They challenge one another: the first to successfully

steal from a young woman they meet gets to stay in town, while the loser is forced to leave. The battle between them ensues, but not without countless twists and laughs along the way.

Date: Sunday, February 16

Fee: \$22.50 City Resident / \$24.50 Non-Resident

33 Variations

Follow Beethoven's journey of his final years as he ekes out Diabelli Variations, and a present-day musicologist studying the piece while warding off Lou Gehrig's disease. Drama, memory and music combine to transport in this extraordinary drama about passion, parenthood and the moments of beauty that can transform a life.

Date: Sunday, March 23

Fee: \$22.50 City Resident / \$24.50 Non-Resident

Hairspray

It's 1962, and the lovable plus-size teen Tracy Turnblad has only one desire – to dance on the popular Corny Collins Show. When her dream comes true, Tracy is transformed from social outcast to sudden star. She must use her newfound power to dethrone the reigning Teen Queen, win the affections of heartthrob Link Larkin, and integrate a TV network, all without denting her 'do!

Date: Sunday, May 18

Fee: \$22.50 City Resident / \$24.50 Non-Resident

JUST US ORLANDO PRODUCTIONS – MT. DORA, FL

Take that magical musical journey as you attend the Just Us Orlando Production musical and dance group at the Mt. Dora Community Theater for the "Because Of Who You Are", Easter extravaganza. It will be full of songs with Part 1 telling the story of the birth of Christ to his Crucifixion. In Part 2 the group will be singing some of the greatest Christian and Gospel songs ever written. The music will be orchestrated by John Natoli and performed by several singers and dancers. Pay your own way for lunch.

Date: Sunday, April 13

Time: 12 – 6 pm

Fee: \$28 City Resident / \$30 Non-Resident



KID'S CAFÉ

Hang out with friends; make cool art projects, play games and eat healthy! Kid's Café is a unique, free dinner program designed for children of low-income families and is a joint program offered by the City of Winter Garden, the Second Harvest Food Bank of Central Florida and the Orange County Community Action Division.

Date: Weekly Monday - Thursday

Time: 3 – 5 pm

Fee: FREE to children 18 & under

Place: Maxey Community Center, 830 Klondike Street

LET'S PLAY GUITAR

Beginner and intermediate classes available. Learn to play folk, blues and pop standards from an experienced instructor. Class space is limited, advanced registration required. Acoustic guitar required.

Date: Classes available in 30-minute sessions between 9 – 11:30 am & 5 – 7 pm Mondays, Tuesdays & Wednesdays beginning February 24 and continue for 6 weeks. New sessions start every 8 Weeks.

Fee: \$60 City Resident / \$65 Non-Resident

IRISH DANCING

Learning the basics of Irish dance both solo – light, heavy and group (Ceili) traditional folk dances. Outcomes include rhythm, timing, exercise, Irish culture, coordination and intricate steps. Classes are taught by professional Irish dancer and qualified Irish dance teacher Sarah Costello from Belfast, N. Ireland.

Date: Saturdays, Beginning January 11

Time: 11:45 am – 12:45 pm

Ages: 4 – 16

Fee: \$40 City Resident / \$50 Non-Resident per 4 week session

CREATIVE MOVEMENT

This unique program introduces basic dance steps and movement through dance, games and activities. Class focus is on creativity and self-expression while developing fine and gross motor skills. Advanced registration required.

Date: Saturdays, January 25 – March 15 and March 22 – May 17 (Off Easter Weekend, 4/19)

Thursdays, February 6 – March 27 and April 3 – May 22

Time: Saturdays, 10:30 – 11:15 am

Thursdays, 10:30 – 11:15 am

Ages: 2 – 4 years

Fee: \$65 City Resident / \$70 Non-Resident per eight-week session

MUSIC WITH MAR

Learn while making music! This preschool class uses music to enhance the main areas of development: cognitive, social, motor and language. All classes are multi-age and family friendly with no sessions to commit to. Interact with puppets, pinch bubbles, parade with instruments, hear a story, use sign language, and move to the music.

Date: Mondays; 9:30 – 10:15 am or 10:30 – 11:15 am

Tuesdays; 6 – 6:45 pm

Ages: 8 months – 5 years

Fee: \$7 per class per family / \$30 per five-classes per family

HORTICULTURE

Join Ed Thralls, Residential Horticulture and Master Gardener Coordinator for the Orange County Master Gardener Program, as he provides expertise in general education classes on urban horticulture. Advanced registration required by calling 407.254.9200.

Date: Thursday, February 20 – *Basics of Square Foot Gardening*

Thursday, March 13 – *Organic Methods in the Home*

Vegetable Garden

Thursday, April 10 – *Alternatives to Traditional*

Vegetable Gardening

Thursday, May 8 – *Minor Vegetables – Expanding*

the Season

Fee: \$5 per class / per family

Time: 6 - 7:30 pm

FLORIDA FRIENDLY LANDSCAPES

Join Kelly Greer of the Orange County Extension Education Center as she discusses how homeowners can change landscape to make it look its best! Advanced registration required by calling 407.254.9200.

Date: Thursday, February 27 – Turf and Groundcovers
Saturday, March 1 – Butterflies

Time: 6:30 – 8 pm

Fee: \$5 per person

SEWING

Have you always wanted to be able to sew on a button or make your own clothes? Now is the time to learn! Please bring your own fabric and patterns.

Date: Mondays & Tuesdays

Time: 3 pm

Fee: Free!

Place: Maxey Community Center, 830 Klondike Street

CPR CERTIFICATION HEART SAVER / AED CLASSES

Instruction provided by *Rural/Metro Ambulance*, in support of the communities served by the Winter Garden Fire Rescue Department. Register in advance by sending your name, address and phone number to William.Weller@rmetro.com.

Date: Saturdays, March 15 and May 17

Time: 9 am – 1 pm or 2 – 6 pm

Fee: Free!



Youth Camps

In order to register your camper, you must do so in person and be the parent or legal guardian of the camper.

SCHOOL HOLIDAY CAMP

Games, sports, arts & crafts, theme days and much, much more!!! A great way to spend the holiday break and make lifelong friends! Winter Garden Parks & Recreation Holiday Camp is an awesome experience for your school aged child. Campers will experience the outdoors, friends and FUN! A qualified, well-trained staff will provide a safe and outstanding break for your child. Campers must bring a packed lunch, snacks and a water bottle to camp every day.

Date: March 21, 24 – 28

Time: 7 am – 6 pm

Ages: Camp is open to children entering 1st through 8th grade; **Parents MUST provide a current report card when registering their child**

Fees: \$19 per day Resident / \$24 per day Non-Resident

BRICKS 4 KIDZ

Bricks 4 Kidz is a hands on class where students build machines, buildings, vehicles and other structures of technic Legos using one-of-a-kind model plans.

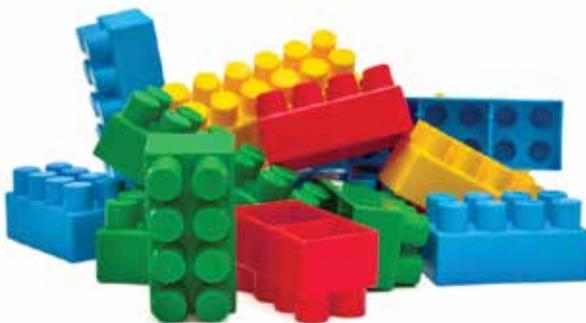
Date: March 21, 24 – 28

Time: Morning Session 9 am – 12 pm
Afternoon Session 1 – 4 pm

Ages: 5 – 12, **Children MUST be currently enrolled in Kindergarten**

Fees: \$150 Resident / \$165 Non-Resident per session

Register: www.bricks4kidz.com/WCFL



SUPER SUMMER CAMP REGISTRATION

Saturday, April 12 | 8 am to 12 pm

Jessie Brock Community Center, 310 North Dillard Street

Look up in the sky, it's a bird, it's a plane, no it's **Registration for Summer Camp 2014!** In order to register your camper you must do so in person and be the parent or legal guardian of the camper. Registration opens at 8 am for Winter Garden residents and at 10 am for all non-residents. Please bring with you proof of residency (valid photo ID or utility bill) and a current report card for each camper. The first two weeks payment is due at the time of registration. Space is extremely limited.

Ages: Camp is open to children entering 1st through 8th grade
(Campers entering 9th grade can apply for the CIT program)

Fee:	CITY RESIDENT	NON-RESIDENT
1st Camper	\$95 per week	\$125 per week
2nd Camper	\$75 per week	\$105 per week
3rd or More Campers	\$55 per week	\$85 per week

Limited scholarships are available through the Winter Garden Parks & Recreation Department. Scholarships are based on the Income Eligibility Guidelines used for the National School Lunch Program. Applications for scholarship will be available beginning February 17, 2014 and must be returned by April 1, 2014. Scholarships will be awarded on April 11, 2014. To obtain an application please contact the Parks & Recreation Office or email efischer@cwgdn.com.

SUMMER DAY CAMP COUNSELOR-IN-TRAINING PROGRAM

The Counselor-in-Training (CIT) program is specifically designed to develop the skills needed to be a positive leader and role model in the summer day camp. CIT's will be given a behind the scenes glimpse at camp planning, policies and administration. Each CIT will be assigned to work with a specific group in the summer day camp, and through hands-on experience, will work side by side with the camp counselors and Camp Director. This program will give participants a chance to explore leadership opportunities in a camp setting, responsibilities involved in working with children and fun team building activities.

Limited space is available. In order to be eligible for this program, interested participants must complete an application. Applications will be available beginning February 17 and must be returned by March 14.

Date: **Session 1:** Weeks of June 9, 16 & 23

Session 2: Weeks of June 30, July 7 & 14

Session 3: Weeks of July 21, 28 & August 4

Time: 7 am – 6 pm

Ages: 14* – 16 (*Eligible CIT's must be 14 by June 13, 2014 and entering 9th Grade)

Fee: \$50 per week per CIT for City Residents

\$60 per week per CIT for Non-Residents

Aquatics

We are currently accepting applications for lifeguards, pool managers, water aerobics instructors and swim lesson instructors. Experience required for pool managers and water aerobics instructors. Certification provided for lifeguards and swim lesson instructors. Please contact 407.656.4155 or email jwyman@wintergarden-fl.gov for more information.

FARNSWORTH POOL 1 Surprise Drive	May 3 – May 31	Saturdays Only	1 - 5 pm
	June 5 – August 16	Monday – Saturday	1 - 5 pm
	August 23 – August 30	Saturdays Only	1 - 5 pm
General Admission: \$2 ages 12 & up / \$1 ages 2-11; Family Pass: \$55 City Resident / \$80 Non-Resident (up to 6 family members) Adult Individual Pass: \$30 City Resident / \$35 Non-Resident <i>Group admission must be scheduled in advance.</i>			
BOULDER POOL 362 11th Street	May 3 – May 31	Saturdays Only	1 - 5 pm
	June 5 – August 16	Tuesday – Saturday	1 - 5 pm
	August 23 – August 30	Saturdays Only	1 - 5 pm
General Admission: Free <i>Group admission must be scheduled in advance.</i>			



Registration for Swim Lessons and Youth Swim League will begin April 12th!

Nutrition, Health & Fitness

All programs are held at the Jessie Brock Community Center, 310 North Dillard Street, unless otherwise noted.

Get HEALTHY. JOIN one of our Health & Fitness Classes!

RAW FOODS WITH CHEF OLIVE MACKEY

What are raw foods? What do you eat and why raw? During these courses one will learn what the overall hype over raw foods is. Samples and demos of a raw food lifestyle will be introduced during the course.

INTRODUCTION TO RAW FOODS

Date: Thursday, March 6
Time: 5:30 – 6:45 pm
Fee: \$10 Residents / \$12 Non-Residents

SPRING INTO A RAW FOOD JUICE CLEANSE

Date: Saturday, March 15
Time: 10 am – 12 pm
Fee: \$25 Residents / \$30 Non-Residents

PRESERVING BY DEHYDRATING

Date: Saturday, April 5
Time: 10 am – 12 pm
Fee: \$25 Residents / \$30 Non-Residents

WEIGHT WATCHERS

There are tremendous benefits to losing weight. Weight Watchers is a great way to lose weight and help keep weight off.

Date: Mondays
Time: Weigh-in at 5:30 pm, Meeting at 6 pm
Fee: Current fees available at class.

Nutrition, Health & Fitness

SECRETS OF NUTRITION AND WELLNESS

Dr. David Orman is presenting a lecture series (once per month) that will clarify your approach to nutrition. Learn what foods are medicines and which to avoid for you. Safely and quickly navigate your way through a Health Store, getting only what you need and saving money in the process. Learn simple testing methods you can do at home, that can provide information necessary for improving your health. In this comfortable, informal setting, David will cover one popular topic per month, making the information easy to understand and apply. He brings directly to you over 25 years of experience, having treated literally 1000s of patients.

In addition, during every monthly session David will address your personal questions and unique concerns.

Date: First Monday of Each Month beginning February 3
Time: 5:45 – 7 pm
Ages: 18 years & older
Fee: \$20 City Resident / \$25 Non-Resident per class
\$195 City Resident / \$215 Non-Resident per year

SYSTEMA

This Russian Martial Art focuses on self-defense methods, greater strength and endurance, patience and working with others. Winter Garden is the only place in Central Florida to practice this art used by Russian Special Forces!

Date: Mondays
Time: 7 – 8:30 pm
Ages: 18 years & older
Fee: \$10 City Resident / \$12 Non-Resident per class
\$30 City Resident / \$35 Non-Resident per month

GENTLE YOGA

Great for beginners or anyone that wants a gentle workout. Yoga involves stretching and strengthening exercises, breathing techniques and relaxing meditation.

Date: Tuesdays; Four-week sessions beginning January 7, February 4, March 4, April 1 and May 6
Time: 7:15 – 8:15 pm
Ages: 16 years & older
Fee: \$6 City Resident / \$7 Non-Resident per class
\$20 City Resident / \$24 Non-Resident per four-week session

BEGINNERS BELLY DANCING

This is an introductory class designed to teach students who have never been exposed to belly dancing and the basic skills needed to develop their physical strength, muscle awareness, and mind-body connection. Students will learn basic movements of belly dance, posture, arm positions, hip movements, and shimmies. Classes are fun, non-intimidating, a great work out, and a fantastic experience.

Date: Thursdays
Time: 6:45 – 7:15 pm
Fee: \$3 City Resident / \$4 Non-Resident per class
\$10 City Resident / \$14 Non-Resident per month

INTERMEDIATE BELLY DANCE

Have fun while you develop poise, grace and personal expression. Learn the fundamentals and stretching techniques used to improve flexibility.

Date: Thursdays
Time: 7:15 – 8:15 pm
Fee: \$7 City Resident / \$8 Non-Resident per class
\$24 City Resident / \$28 Non-Resident per month

TAI CHI

An ancient Chinese exercise that emphasizes relaxation, breath control, correct posture, balance and flexibility to develop the mind and body. For more information please visit www.returntogoodhealth.20fr.com.

Date: Tuesdays & Thursdays, Monthly sessions offered beginning January 7, February 4, March 4, April 1 and May 6
Time: 9 – 10 am
Fee: \$50 City Resident / \$55 Non-Resident per month

ZUMBA

Move your hips and exercise in disguise! An exciting, dance-fitness class that features exotic rhythms set to high energy international beats!

Date: Mondays & Wednesdays • 7 – 8 pm
Saturdays • 9 – 10 am
Fee: \$5 City Resident / \$6 Non-Resident per class
\$35 City Resident / \$40 Non-Resident per month

*Children 12yrs and under may attend if supervised by adult at \$3 per class.

Where to play

BRADDOCK PARK

13460 Lake Butler Boulevard
Soccer, Softball, Playground

CHAPIN STATION

Neighborhood Park
501 West Crown Point Cross Road
Basketball Courts, Bicycling, Leashed Pet Allowed,
Picnic Area/Grills, Playground,
Tennis Courts

DR. BRADFORD MEMORIAL PARK

220 West Division Street
Fishing, Leashed Pet Allowed,
Picnic Area/Grills

DOWNTOWN PAVILION & INTERACTIVE FOUNTAIN

230 W. Plant Street
Picnic and interactive fountain

FARNSWORTH POOL

1 Surprise Drive
Picnic Area, Swimming

JESSIE BROCK COMMUNITY CENTER

Parks and Recreation
Administrative Offices
310 North Dillard Street
Recreation Programs, Exercise Trail, Leashed
Pet Allowed

MAPLE STREET PARK

142 East Maple Street
Basketball Courts, Leashed Pet Allowed, Picnic Area/
Grill, Playground, Skate Ramps, Racquetball Courts,
Volleyball Court

NEWTON PARK

31 West Garden Avenue
Boat Ramp, Fishing, Leashed Pet Allowed, Picnic Area/
Grills, Playground

SAM WILLIAMS LITTLE LEAGUE COMPLEX

415 South Park Avenue
Baseball Fields

VETERAN'S MEMORIAL PARK

420 South Park Avenue
Basketball Courts, Leashed pet Allowed, Picnic Area/
Grills, Multipurpose Fields, Softball Fields, Tennis
Courts, Volleyball Court, Playground

WALKER FOOTBALL FIELD

415 South Park Avenue

ZANDERS PARK AND BOULDER POOL

362 11th Street
Basketball Courts, Picnic Area/Grills, Playground,
Swimming



Rental Facilities

Are you looking for a great location to host a birthday party, wedding or special event?

The City of Winter Garden has a variety of indoor rental locations to meet your needs. For more information, please visit www.wintergarden-fl.gov.

General Information

Program location, prices, dates and times are subject to change. Most programs require pre-registration. Payment in full is due at the time of registration. Please pre-register early to avoid program cancellation due to low attendance. Certain program fees may not be refundable. The Winter Garden Parks and Recreation Department will strive to reach any accommodation that is within reason to the structure of programs offered. All participants will be expected to follow program and safety policies regardless of medical needs or accommodations and must be able to independently use the restroom. If you have any questions regarding special accommodations, please contact a Recreation Supervisor at recinfo@wintergarden-fl.gov.

Sponsorship Opportunities

The Winter Garden Parks & Recreation Department offers a variety of programs and special events throughout the year to the residents of Winter Garden and the surrounding communities. Business partners in our community are invited to help these programs and events grow by becoming a sponsor of the Parks & Recreation Department. Sponsors receive prominent exposure throughout the community at City events, their logo on City literature that is mailed directly to Winter Garden households and have face to face contact with thousands of event attendees by being present at special events. Interested in joining the Parks & Recreation team as a sponsor? Contact the Parks & Recreation Department at 407.656.4155 or recinfo@wintergarden-fl.gov.

Recreation Disclaimer

The City of Winter Garden Parks and Recreation Department prides itself on diversity. As a department we do not discriminate on the basis of race, color, sex, age, marital status, religion, national origin or disability. Please contact us if assistance is needed in order to participate in any of our programs.

City Commission 2014 Election

The next City election is scheduled for Tuesday, March 11, 2014 with the qualifying period to begin at noon January 21, 2014 and end at noon January 28, 2014. The seats to be elected are District 1 Commissioner and District 5 Mayor/Commissioner. The term of office for each seat is three (3) years and is nonpartisan. District 1 is elected by a specific geographic area and District 5 Mayor/Commissioner is a city-wide election.

Please refer to the City's webpage at <http://WinterGarden-fl.gov> for district maps. For information regarding your voter registration, early voting or voting by mail, please contact the Orange County Supervisor of Elections directly at 407.836.2070.

For those interested in running for a municipal office, candidate prequalifying packages will be available from the City Clerk's office at City Hall no later than January 3, 2014.

Schedule an appointment or for additional information, call 407.656.4111 Ext. 2254.

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